

Getting Started with PD: What to Expect.

STEPS TO FOLLOW

1. Find a PD center near you and identify your nephrologist. Nephrologists and PD center's contact numbers are provided on the [PD Academy website](#).
2. Make an Appointment with your Nephrologist
3. Before the Visit: Write down or memorize all the questions you need to ask about PD. Try visiting the [information](#) available on the net.
4. Evaluation completed and Ready for PD
5. Catheter surgery appointment
6. You will be guided about Pre-op care.
7. Catheter surgery in-hospital stay for 1-3 days. In some cases same-day discharge.
8. You will be guided about post-op care.
9. You or your attendants will be trained for 3-5 days on how to perform PD at home. This can be done in the PD center or home as advised by your PD team.
10. The PD team may visit your home to guide you where to perform PD at home.
11. Keep all the contact numbers including the emergency contact number of your PD team.